

**Natalya Golovanov, N.D.,
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Dear Patient,

Welcome to my practice.

Who I am. I am a professional homeopath and a licensed naturopathic doctor. I trained at the National College of Naturopathic Medicine and at the Pacific Academy of Homeopathy. The scope of practice of a naturopathic doctor includes homeopathy. Homeopathy is also licensed by the state of California under the Senate Bill SB 577.

What I do. My main focus is homeopathy, which is a system of medicine that is based on matching the symptoms of a person to an individually chosen remedy that has similar symptoms within its picture. The remedies are prepared by homeopathic pharmacies out of highly diluted substances of plant, mineral and animal origin. They stimulate the overall vitality and defense mechanism and encourage the body to let go of symptoms, heal itself, and restore health and well-being. As a naturopathic doctor, I am interested in discovering the root cause of illness. I may recommend the use of different therapies, such as dietary, botanical, hydrotherapy, flower essences, supplements, etc. I may perform a physical exam as needed and send you to get lab testing or an imaging study done. I may also refer you to a different practitioner for the services I might recommend but don't provide or to another medical practitioner, if specialty advice is appropriate, or if the matter is outside of my training and experience.

Naturopathic doctors are trained as general practitioners of medicine that has its own distinct philosophy. N.D.s study clinical sciences, natural therapeutics and some conventional therapies, such as minor surgery and pharmaceuticals. I do not prescribe medications, except for bio-identical hormones, including adrenal and thyroid support. If you have a primary care physician, I encourage you to maintain that relationship as I will be able to coordinate your care with your doctor as needed.

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WEBSITE:
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The Visit. The first visit lasts 2 hours during which I will conduct an interview to find out about your health problems, your nature, and any issues on the mental/emotional plane. The purpose of this is to get as complete portrait as possible of you, so an appropriately similar homeopathic remedy and treatment regimen can be chosen. I will then study your case and get in touch with you when I have come up with a suitable homeopathic remedy/treatment plan. The cost of the remedy is not included in the visit fees. You will be given instructions on how to contact a homeopathic pharmacy to obtain the remedy.

The Fees and Payment Policies.

- Full payment by cash or check, or credit card is due at the end of each session.
_____ (Initial)
- A minimum cancellation notice of 24 hours is required
_____ (Initial)
- Full fee will be charged for missed appointments
_____ (Initial)
- An additional \$15 will be charged for all returned checks
_____ (Initial)
- The first interview, 2-hours.....\$236
- Follow-ups (up to an hour)..... \$80
- Brief phone calls, 5min.....free
- Longer phone calls.....pro-rated at hourly rate

I don't bill insurance, but I can provide you with a statement with the visit and diagnostic codes that you can submit to your plan.

Release of Records/Confidentiality.

All information in your chart is confidential and may not be revealed to anyone without your written permission, except when disclosure is required by law, such as in cases of reasonable suspicion of child or elder abuse; a reasonable suspicion that a person presents a danger to him/herself or to others. Other examples or required disclosures are mandatory reporting of certain health conditions to public health authorities and releasing of records if served with a court subpoena.

(Initials)_____

Consent. I authorize discussion of my case notes with other professional homeopaths and medical practitioners should assistance in remedy selection, symptom analysis or naturopathic treatment be required, or my best interest be served by such a consultation. In so doing, my right to privacy will be protected by withholding my name and all other identifying information.

Initials _____

I am over 18 years old, and I have read and understood the above information. I chose homeopathic/naturopathic treatment voluntarily for myself. I understand that Natalya Golovanov, N.D., CHom. is a naturopathic doctor and a homeopath, and not a psychiatrist, psychotherapist, or a medical doctor, and I understand that maintaining a relationship with my primary care provider is recommended for appropriate on-going care, check-ups and evaluations.

Name_____

Signature _____

Date _____